Is it Allergies, a Cold, the Flu, Strep Throat or COVID?

Symptoms?		Allergie s	Cold	Flu	Strep	COVID
Body aches		Not Common	Sometime s	Severe	Sometime s	Sometimes
Cough		Sometime s	Usually	Severe	Not Common	Usually
Diarrhea / Nausea / Vomiting		Not Common	Not Common	Sometimes	Sometime s	Sometimes
Extreme Exhaustion		Not Common	Not Common	Severe	Not Common	Sometimes
Fatigue, Weakness	A B	Not Common	Sometime s	Severe	Not Common	Sometimes
Fever	100	Not Common	Not Common	Usually - Temp of 100°-102° can last 4-5 days	Usually	Usually - Temp of 100°+
Headache		Sometime s	Not Common	Severe	Sometime s	Sometimes
Itchy, red or watery eyes		Sometime s	Sometime s	Not Common	Not Common	Not Common
Runny Nose	$\langle \rangle$	Usually	Usually	Sometimes	Not Common	Sometimes
Shortness of Breath		Sometime s	Not Common	Sometimes	Not Common	Sometimes
Sneezing		Usually	Usually	Sometimes	Not Common	Not Common
Sore Throat	Ang Ang	Not Common	Usually	Usually	Severe	Sometimes
Stuffy Nose	× J	Usually	Usually	Sometimes	Not Common	Sometimes

When should I call the doctor?		If symptoms are not well controlled with OTC medicine	If symptoms last longer than 14 days <u>OR</u> If you have breathing concerns <u>OR</u> if symptoms are worsening	If you are unable to drink <u>OR</u> If you have difficulty breathing <u>OR</u> If fever last more than 4 days <u>OR</u> if fever is not reduced with Tylenol or Motrin	Call if Strep is suspected to be tested	If you are unable to drink <u>OR</u> If you have difficulty breathing <u>OR</u> If fever last more than 4 days <u>OR</u> if fever is not reduced with Tylenol or Motrin
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*OTC = Over The Counter medicine (such as Tylenol, Motrin, Benadryl, Claritin)